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NPO Reg. No. 217-742

WESTERN CAPE AQUATICS WINTER SHORT COURSE CHAMPIONSHIP 2023 13-16 July 2023 at Generations Pool, Somerset West

RULES:

1. FINA Rules will apply
2. Only fully capitated swimmers, who meet the stipulated criteria may compete
3. Age on the first day of the championship
4. ENTRIES:
 - 4.1 Entries must be submitted via your District Convenor by noon on 30 June 2023
 - 4.2 All events qualified for plus 50m Free, 100m IM & 3 non-qualifying events can be entered. Qualifying times are the A & B WC CHAMPS standards on TM.
 - 4.3 Only 1 relay team per club per event allowed
 - 4.4 TM Zip file for athlete's entries
 - 4.5 Pdf entry report including proof of times from 1 May 2022
 - 4.6 Pdf entry fee report
 - 4.7 Pdf relay report
 - 4.8 List officials completed on officials Excel form: This form must accompany the entries. Officials must be qualified and registered, **no probation officials**.
 - 4.9 All Technical Officials must be correctly attired: white shirts, navy trousers or skirts and closed white shoes
 - 4.10 Late entries will be accepted from 1 – 7 July @ x 5 original entry fee
 - 4.11 Extra late entries after 8 July @ x 10 original entry fee if there is a lane open
 - 4.12 Payment via Districts to WCA bank account: WCA will invoice after 1st corrections
 - 4.13 Multi-disability swimmers must enter multi-disability events and may swim prelims and finals or only finals, prelims will be swum with the able-bodied swimmers
5. Prelims will be swum slowest to fastest in the following ages:
11 & under, 12-13, 14-15, 16 & over
6. Medals for 200m Butterfly, 400m Individual Medley, and 800m/1500m Freestyle will be awarded in the following age groups:
11-13, 14-15, 16 & over
In the 800m and 1500m the 9 fastest boys and girls will be seeded in a mixed event of 2 heats



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7. Swimmers will be fined R300 if they do not scratch timeously from a final or prelim, clubs will be invoiced
8. Water polo players, synchro swimmers & divers may enter WCA Short Course Champs provided they meet the WC Champs qualifying criteria
9. The entry fee will be forfeited for any entry received that does not comply.
10. Sessions with events attached as pdf
11. No training equipment (boards, fins, paddles) is allowed during warm-up. Lanes 1 will be allocated to disabled swimmers, and lanes 2 & 10 to be used for dives
12. Please exit the pool via the stairs. NO climbing out over the touch pads

GENERAL:

FINA & SSA Rules will govern this event

Clubs are requested to see that the area is kept neat, and bins will be placed & cleaned regularly

No flash photography during the start of a race

We request everyone to please remain silent during the start of a race

Please do not place any towels over the advertising boards

NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises

The pool grounds are a NO SMOKING ZONE

Only Team Managers are allowed at the recording table

ADMISSION TO THE POOL:

Swimmers & coaches will have free access upon presentation of their accreditation cards, officials will have free access when signing the officials register for their allocated session, at the entrance

Spectators will be charged R30 per session

Tournament tickets will be available at R180, which allows free access to all sessions

Ticket purchase link: <https://shop.wcapeaquatics.co.za/>



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PROGRAMMES & RESULTS:

Each club will receive 2 free programmes for their team manager and coaches
Results will be on display at the pool and *meet mobile* will be activated. *Meet mobile results are unofficial*

POOL ACCESS:

Clubs are kindly requested to be considerate towards one another with regards to space
Limited space is available, Spectator Ticket sales will be limited.
Gates will open 30min before the warm-up session.

TEAM MANAGERS:

All Team Managers are to collect your TM pack before the 1st session of the gala. This will be available from 09:30 am Thursday.

This will be the last opportunity for late entries subject to a late entry fee of 10x (ten times) the original entry fee and the availability of a lane in the event.

Scratchings for the first session can be done until 09:30 for the 1st session thereafter scratching will close at the end of each session for the next session.

Team Managers must have their accreditation with them when approaching the recording table with queries.

TM packs will contain the following:

- Documentation needed: relay confirmation forms, scratching forms, protest forms
- Programmes for the first session (thereafter available at the table for collection by TM's)

There will be a march past and opening ceremony on Saturday afternoon, at 13:00, and swimmers to be ready at 12:50. Team Managers must please get their teams together, 4 Swimmers per club allowed.

MEDICAL FACILITY:

There will be a qualified paramedic on duty for the duration of the event.



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PROTESTS:

Protests will only be accepted from Team managers, completed on a protest form with a R500 Protest Fee lodged with the Admin Office within 20 minutes (twenty) of the announcement of the disqualification.

NO media footage or photos will be permitted.

In the case of a dispute, the referees' decision is final.

CATERING:

There will be various food vendors present.

Officials will be supplied with refreshments during breaks.

PARKING:

There will be a parking attendant advising visitors where to park.

Please send enquiries via your District Convenor.

Regards

WCA Technical Committee